



Kathy is a graduate of Salve Regina University with a BA in Sociology and Special Education and lives in Coronado, CA.

Kathy is a Realtor, a Gold Star wife, and a volunteer military survivor and family advocate. She is the founder and administrator of the Military Widows: SBP-DIC Offset Facebook group and MOAA Surviving Spouses and Friends Facebook group.

After her husband, RADM James Prout III, USN, died on active duty in a Navy F/18 crash she learned about military survivor benefits and all the inequities. His survivor benefit plan was reduced by the VA's Dependency and Indemnity Compensation, leaving her with about 78% less income to finish raising their 3 children. Kathy began working to improve survivor benefits for military surviving spouses and educating them about their benefits. She was on government relations for Gold Star

Wives of America, Inc and the chair of MOAA's Surviving Spouse Advisory Committee.

She is a member of the CA Council of MOAA board of directors, a former board member of the Coronado Schools Foundation and the recipient of MOAA's 2021 Distinguished Service Award for her many years of advocacy to change the law to repeal the SBP-DIC Offset.