



Jessica Strong is the Co-Director of Applied Research with Blue Star Families. Her work focuses on the annual Military Family Lifestyle Survey, as well as developing, executing, and analyzing other research projects that support Blue Star Families' mission and inform

the national conversation about military families. Despite PCS relocations, training separations, combat deployment, and babies, she completed her PhD in Social Work from Rutgers University in 2013, and her research since has focused on military service members,

veterans, and their families. Jessica has been married to an active-duty enlisted service member for over 15 years and is currently stationed at Ft. Huachuca, Arizona, with her husband and 3 children.